

1:1 DISCIPLESHIP

Disciple: someone who is following Jesus, being changed by Jesus and is on mission with Jesus [Matthew 4:19]

Discipleship: an intentional Gospel-centered relationship for the purpose of maturing in Christ [Matthew 28:18-20]

1:1 Discipleship: the process of one person helping another person become a lifelong, obedient, reproducing disciple of Jesus [1 Thessalonians 2:7-8; 11-12]

What does 1:1 discipleship look like?

- Meeting outside of Group time to build an intentional, Gospel-centered relationship
- Opening up the Bible together to give and receive
 - Encouragement: give support, confidence, or hope to (someone)
 - Exhortation: urge, admonish, correct with tenderness and deep affection
 - Edification: to instruct and improve, strengthen, uplift, enlighten, inform
- Praying together

*Note: What makes 1:1 discipleship different from simply building relationship/friendship with someone? 1:1 discipleship is an intentional agreement to spend time with God and His Word together, to memorize Scripture, pray together, cultivate relationships with people who do not know Jesus, share sin, struggle, and triumph.

Who is 1:1 discipleship for?

- The short answer here is everyone! 1:1 discipleship is for people in every spiritual life stage. Pray about who the Lord is showing you to invite into 1:1 discipleship. The enemy wants to paralyze you with your limits here; simply start with 1 person!

How do I start 1:1 discipleship with someone?

- Pray and ask the Lord to show you someone to invite into 1:1 discipleship
- Pray about what length of time the Lord wants you to commit to with this person (it could be a one time thing, a monthly meeting for 2-3 months, a whole semester of weekly meetings, etc.)
- Take initiative and intentionally ask the person to meet with you in 1:1 discipleship for a specific amount of time

What could our time together look like?

- Head, Heart, Hands questions for any passage of Scripture
- Bible studies with intentional questions. (see Resources for Discipleship, pg. 66)
- Reading through a book about Scripture.
- Reach out to your coach or Discipleship Director for more ideas

A healthy small group builds relationships for discipleship beyond friendship.