

NEHEMIAH RESISTANCE

week of September 19, 2021

NEHEMIAH 4:1-14 (ESV)

Discipleship Group Guidelines:

- **Safe Group:** We strive for an environment where everyone can be open, and honest about his or her struggles and victories.
- **Confidentiality:** What is said in the group stays in the group. Whether in person or on video, please meet in a private place.
- **Listen:** We want to value one another by really listening to what is being shared. Try to avoid thinking about how you are going to respond while someone is sharing.
- **Pause:** Allowing a pause in the conversation after one person shares and before the next person shares gives the person sharing a chance to finish. A Pause also gives the group an opportunity to consider before responding.
- **Silence:** It is important to allow silence in the group as it provides an opportunity for people to think deeply, to gather their thoughts in order to share, and to genuinely consider what others have shared.
- **One Conversation at a Time:** Be considerate of others as they are sharing. No side conversations.
- **No Fixing:** We are not here to fix each other; Jesus does that part. Give encouragement and ask questions, but try not to solve or fix one another.
- **No Rescuing:** When people are sharing something deeply personal, please resist the tendency to try to make them feel better about themselves or their situation by providing immediate condolences. This will often cause people to stop sharing.
- **Be Self-Aware:** Be mindful of how you are personally affecting the small group environment through your words, actions, and non-verbal communication. Be sensitive about the amount of time you share, whether too much (dominating) or not enough (hiding).
- **Use “I” Statements:** It is very easy to talk about other people’s issues, but, for our purposes, we want to put ourselves on the table. We will use “I” statements rather than “them”, “the church”, “people”, “you”, “us”, “we”, etc.
- **Resolve Conflict Biblically:** As a group we commit to extend grace to one another. Conflict is not bad, rather it can be an opportunity for growth. We are all being transformed to be more like Jesus, so conflict and change are a part of that journey. (Matthew 18)
- **Manage Technology:** Let’s respect one another by silencing other alerts on our devices.



Setting the Scene

The work, led by Nehemiah, to rebuild the walls of Jerusalem has begun. But the Jews are not the only inhabitants of the land, and not everyone around the city is thrilled at the prospect of a well fortified and restored Jerusalem.



Scripture

Nehemiah 4:1-14 (ESV)

1 Now when Sanballat heard that we were building the wall, he was angry and greatly enraged, and he jeered at the Jews. 2 And he said in the presence of his brothers and of the army of Samaria, “What are these feeble Jews doing? Will they restore it for themselves?[b] Will they sacrifice? Will they finish up in a day? Will they revive the stones out of the heaps of rubbish, and burned ones at that?” 3 Tobiah the Ammonite was beside him, and he said, “Yes, what they are building—if a fox goes up on it he will break down their stone wall!” 4 Hear, O our God, for we are despised. Turn back their taunt on their own heads and give them up to be plundered in a land where they are captives. 5 Do not cover their guilt, and let not their sin be blotted out from your sight, for they have provoked you to anger in the presence of the builders.

6 So we built the wall. And all the wall was joined together to half its height, for the people had a mind to work.

7 [c] But when Sanballat and Tobiah and the Arabs and the Ammonites and the Ashdodites heard that the repairing of the walls of Jerusalem was going forward and that the breaches were beginning to be closed, they were very angry. 8 And they all plotted together to come and fight against Jerusalem and to cause confusion in it. 9 And we prayed to our God and set a guard as a protection against them day and night.

10 In Judah it was said,[d] “The strength of those who bear the burdens is failing. There is too much rubble. By ourselves we will not be able to rebuild the wall.” 11 And our enemies said, “They will not know or see till we come among them and kill them and stop the work.” 12 At that time the Jews who lived near them came from all directions and said to us ten times, “You must return to us.”[e] 13 So in the lowest parts of the space behind the wall, in open places, I stationed the people by their clans, with their swords, their spears, and their bows. 14 And I looked and arose and said to the nobles and to the officials and to the rest of the people, “Do not be afraid of them. Remember the Lord, who is great and awesome, and fight for your brothers, your sons, your daughters, your wives, and your homes.”